

SIMONE KNEGO

Speaker Bios

Short, medium, and long versions for programs, websites, and promotion.



SHORT BIO

Simone Knego is a keynote speaker, two-time TEDx presenter, and USA Today bestselling author of *REAL Confidence*. A former CPA and mom of six, she climbed Mount Kilimanjaro with no hiking experience and learned that confidence comes from taking the first step before you feel ready. Today, through her REAL Method®, she helps organizations build the confidence that drives performance, so leaders and teams speak up, make bold decisions, and deliver stronger results. She lives in Sarasota, Florida.

MEDIUM BIO

Simone Knego is a keynote speaker, two-time TEDx presenter, and USA Today bestselling author who helps people stop waiting to feel ready and start taking the bold steps that lead to real results. Through her REAL Method®, organizations build more confident leaders and teams who speak up, make decisions, and perform at a higher level.

Simone shares her message with corporate teams, leadership conferences, associations, and women's leadership events. She mixes humor and real-life stories with practical tools that audiences can use right away. Simone wrote *REAL Confidence: A Simple Guide to Go from Unsure to Unshakeable* and *The Extraordinary UnOrdinary You*. She also co-hosts the podcast *Her Unshakeable Confidence* with her daughter, Olivia. She's been featured on ABC, NBC, CBS, Fox, Entrepreneur, and Yahoo News.

Simone earned her accounting degree at the University of Florida and started her career as a CPA. She later spent years at home raising her six children, and then, with zero hiking experience, decided to climb Mount Kilimanjaro. That climb became her most requested story and launched the work she does today: helping people and organizations stop waiting to feel ready. Simone and her husband, Rob, have been married for 33 years and live in Sarasota, Florida.

SIMONE KNEGO

Speaker Bios

Long version

LONG BIO

Simone Knego is a keynote speaker, two-time TEDx presenter, and USA Today bestselling author who helps people stop waiting to feel ready and start taking the bold steps that lead to real results. Through her REAL Method®, organizations build more confident leaders and teams who speak up, make decisions, and perform at a higher level.

The REAL Method® is built on four simple principles: Respect Yourself, Embrace Your Failures, Ask Yourself What You Want, and Live Without Limits. Simone pairs this framework with practical tools like Drop the Just and the Ctrl-Alt-Delete mindset reset, giving audiences strategies they can put to work the moment they leave the room.

Simone shares her message with corporate teams, leadership conferences, associations, and women's leadership events. She mixes humor and real-life stories with practical takeaways, creating keynotes that are both entertaining and immediately useful. She's the author of *REAL Confidence: A Simple Guide to Go from Unsure to Unshakeable* and *The Extraordinary UnOrdinary You*, and co-hosts the podcast *Her Unshakeable Confidence* with her daughter, Olivia. She's been featured on ABC, NBC, CBS, Fox, Entrepreneur, and Yahoo News.

Simone earned her accounting degree at the University of Florida and started her career as a CPA. She later spent years at home raising her six children, and then, with zero hiking experience, decided to climb Mount Kilimanjaro. That climb became her most requested story and launched the work she does today: showing people what they can achieve when they stop waiting to feel ready.

Beyond the stage, Simone serves on the board of the National Speakers Association Central Florida chapter and the National Women's Philanthropy Board of JFNA. She's been married to her husband, Rob, for 33 years, and they live in Sarasota, Florida.